

# HAVE YOUR CHILD'S EYES

BEEN CHECKED

?

Eye exams by an optometrist  
are important for good  
vision.



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## Not every child will show signs of vision problems. Eye exams can find and correct vision issues early.

Eye exams are recommended for children beginning at the age of six months old, again between two and five years old, and every year after starting school. Eye exams are free with an OHIP card for children 19 and under.

### Watch for these signs:

- Rubbing or squinting eyes
- Head tilting
- Covering an eye when reading or watching TV
- Holding objects close to the eyes
- Complaints of blurred or double vision
- Eyes that tend to wander, especially if your child is tired



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For more information, call  
Health Connection Monday to  
Friday 8:30 am to 4:30 pm.

705-721-7520  
1-877-721-7520  
[www.simcoemuskokahealth.org](http://www.simcoemuskokahealth.org)