



# AN EDUCATIONAL DAY ON Helping Children Through Trauma

## Monday, February 26, 2018

### Daytime Sessions

**9:00am – 4:00pm**

**INCLUDES LUNCH  
COST \$95**

### Evening Session

**6:00pm – 8:30pm**

**FREE WITH  
REGISTRATION**

**LOCATION:** Liberty North Event Facility, 100 Caplan Avenue, Barrie

### WORKSHOPS WILL HIGHLIGHT

How a traumatic event can involve a single experience, or enduring repeated events, that completely overwhelm the individual's ability to cope or integrate the ideas and emotions involved in that experience.

It is not the event that determines whether something is traumatic to someone, but the individual's experience of the event and the meaning they make of it. Those who feel supported after the event (through family, friends, spiritual connections, etc.) and who had a chance to talk about and process the traumatic event are often able to integrate the experience into their lives, like any other experience.

(Taken from the Manitoba Trauma Information and Education Centre at <http://trauma-informed.ca/what-is-trauma/defining-trauma/>).

### YOU WILL LEARN:

- How we each respond differently to emotionally jarring events; trauma lies in our response to the event, not the event itself
- Trauma can arise from ongoing neglect and abuse
- The physiological effects that trauma can have on the brain and body
- That trauma ignored in childhood can have an impact on mental health throughout life
- The nature of inter-generational trauma, especially among Indigenous families
- How to recognize signs and symptoms of trauma and the potential impact on a child's development
- How different age groups may be affected, including 0-6 year old to teens
- How trauma-informed practice (agencies, schools, child care, home) can provide practical support to build children's resilience and overcome traumatic experience.
- The role that race and poverty play in making some children more vulnerable to trauma, including inter-generational trauma.

### Daytime Sessions Include:

**EMCEE GLEN NEWBY,  
NEW PATH, CEO**

**KEYNOTE SPEAKER  
DR. JEAN CLINTON**

A Clinical Professor, Department of Psychiatry and Behavioural Neurosciences at McMaster, division of Child Psychiatry. Dr. Clinton is on staff at McMaster Children's Hospital with cross appointments in Pediatrics and Family Medicine, and an Associate in the Department of Child Psychiatry, University of Toronto and Sick Children's Hospital. She has been a consultant to children and youth mental health programs, child welfare, and primary care for almost 30 years.

A panel moderated by Dr. Jean Clinton which will include **DR. JEANETTE SAWYER COHEN** clinical psychologist and infant mental health specialist; **CHRISTY HAMILL** Mental Health Lead with North East Ontario School Authorities; **DEB DANARD** Traditional Knowledge Practitioner & Life Promotion Ambassador; **VALERIE GOOD**, New Path Youth and Family Therapist and **KATELYN ELLIS**, Founder of I am Safe.

**NATALIE HARRIS**

A paramedic with the County of Simcoe Paramedic Services shares her story about post traumatic stress disorder and how it affected her career and family.

### TO REGISTER AND PURCHASE TICKETS ONLINE PLEASE VISIT

<https://barrie.snapd.com/events/view/1111335>

### For Further Information Please Contact:

Joan Kennedy, Program Director at 705.721.5437 ext. 202 or via email at [joan@grievingchildren.com](mailto:joan@grievingchildren.com)

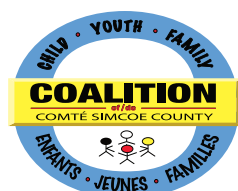
### Should You Require A Subsidy To Attend Either Session Please Contact:

Rowley Ramey, Managing Director at 705.721.5437 ext. 100 or via email at [managingdirector@grievingchildren.com](mailto:managingdirector@grievingchildren.com)

Supported by:

**The County  
of Simcoe**

**SEASONS CENTRE  
FOR GRIEVING CHILDREN**  
*Healing Hearts with Hope*



### Evening Session:

**DR. JEANETTE SAWYER COHEN, PHD**

is a Columbia University trained clinical psychologist and infant mental health specialist in New York, where she holds faculty positions at Weill Cornell Medical College and New York Medical College. She will share her insights as a Senior Consulting Psychologist with the New York Center for Child Development on trauma-informed care.